



2009

November East Avenue Lunch Menu



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

2
Chicken Nuggets
Chicken Fried Steak
Mashed Potatoes w/ Gravy
Vegetable Sticks
Assorted Fruit

9
Pizza
Spaghetti w/ Meat Sauce
Seasoned Green Beans
Tossed Salad w/ Ranch
Rainbow Apples

16
Pizza
Steak Fingers w/ Wheat Roll
Mashed Potatoes w/ Gravy
Seasoned Green Peas
Assorted Fresh & Canned Fruit

23
Crispy Taco w/ Chips & Cheese
Chicken Nuggets
Pinto Beans
Tossed Salad w/ Ranch
Fruity Gelatin

30
Crispy Taco w/ Chips & Cheese
Chicken Nuggets
Pinto Beans
Tossed Salad w/ Ranch
Fruity Gelatin

3
Chili Dog
Club Sandwich
Baby Carrots
Steamed Broccoli
Assorted Fruit
Jello Cake

10
Chicken Fried Steak
Chicken Nuggets
Mashed Potatoes w/Gravy
Green Peas
Assorted Fresh & Canned Fruit

17
Turkey w/ Gravy
Homemade Dressing
Sweet Potatoes
Green Beans
Peach Cobbler

22
Pork Roast Sandwich
Chicken Bites
Macaroni & Cheese
Seasoned Green Beans
Rice Krispy Treat

4
Hamburger
Chicken Bites
French Fries
Veggie Mix Up
Lettuce, Tomato & Pickle
Peach Crisp

11
Student Holiday!!

18
Hamburger
Chicken Nuggets
French Fries
Steamed Broccoli
Lettuce, Tomato & Pickle
Rice Krispy Treats

25
**Sack Lunch
Early Release!!**

5
Chicken Soft Taco
Beef Burrito
Santa Fe Rice
Pinto Beans
Lettuce, Tomato & Cheese
Assorted Fresh & Canned Fruit

12
Crispy Taco
Corn Dog
Seasoned Corn
Spanish Rice
Colorful Jell-O

19
Beef Burrito
Chicken Bites
Buttered Corn
Tossed Salad w/Ranch
Assorted Fresh & Canned Fruit

26

6
Pepperoni Pizza
Turkey Corn Dog
Potatoes Au Gratin
Tossed Salad w/ Ranch
Assorted Fresh & Canned Fruit

13
Pepperoni Pizza
Crispy Chicken Burger
Steamed Broccoli
Tossed Salad w/ Ranch
Assorted Fresh & Canned Fruit
Chocolate Pudding

20
Pepperoni Pizza
Crispy Chicken Burger
Steamed Broccoli
Tossed Salad w/ Ranch
Assorted Fresh & Canned Fruit
Chocolate Pudding

27

More Info...

Grades 1-4:
Student meal includes:
1 Entrée
2-3 sides (including Juice)
Choice of Milk

Juice and variety of milk is offered daily at Lunch.

* Represents the entrée East Avenue, PK & K students will receive. PK & K will have choice of additional side items and milk.

NEW Sack Lunches:
Mon – PB & J, Animal Crackers, ½ Apple
Tues – Hoagie w/ Dolphin Crackers, ½ Pear
Wed – Ham & Cheese Sub w/ Goldfish, ½ Apple
Thurs – Turkey & Cheese Sand w/ Goldfish, ½ Orange
Fri – Ham & Cheese Sand w/ Dolphin Crackers, ½ Pear

Vegetarian Options:
Mon, Wed, Fri – Salad Shaker
Tues. & Thurs. – Baked Potato

Thanksgiving Holidays!!!